

Bristol CAMHS HOSC

The Child and Adolescent Mental Health
Services (CAMHS)

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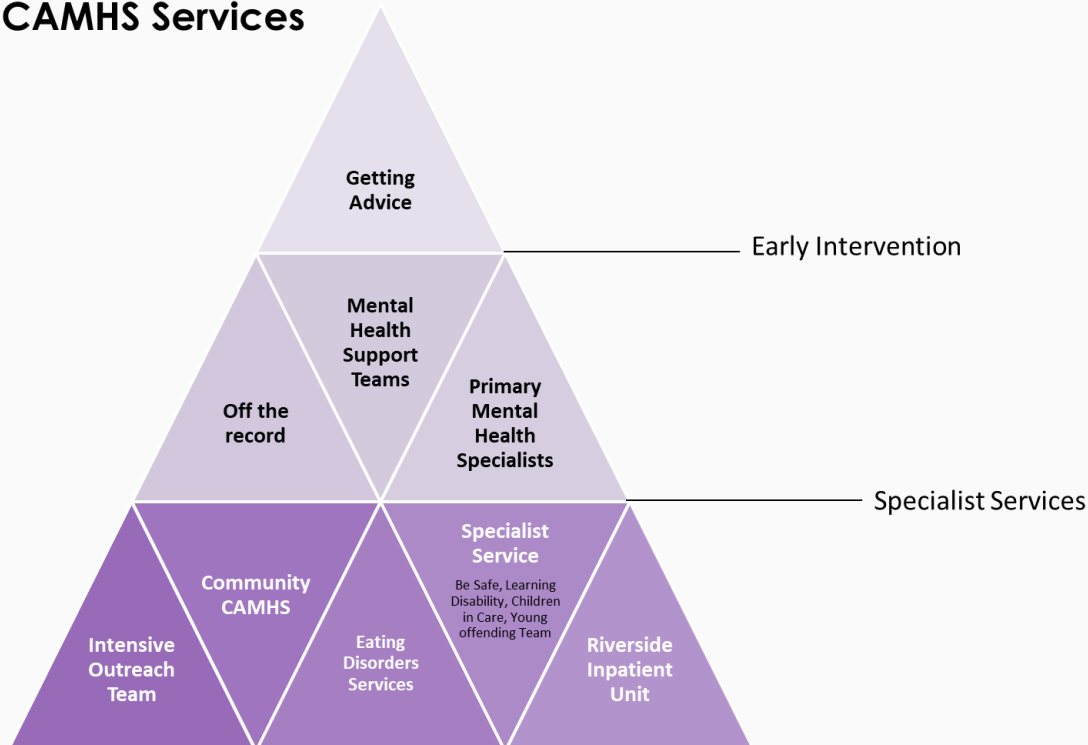
7 December 2023

Introduction

CAMHS Overview

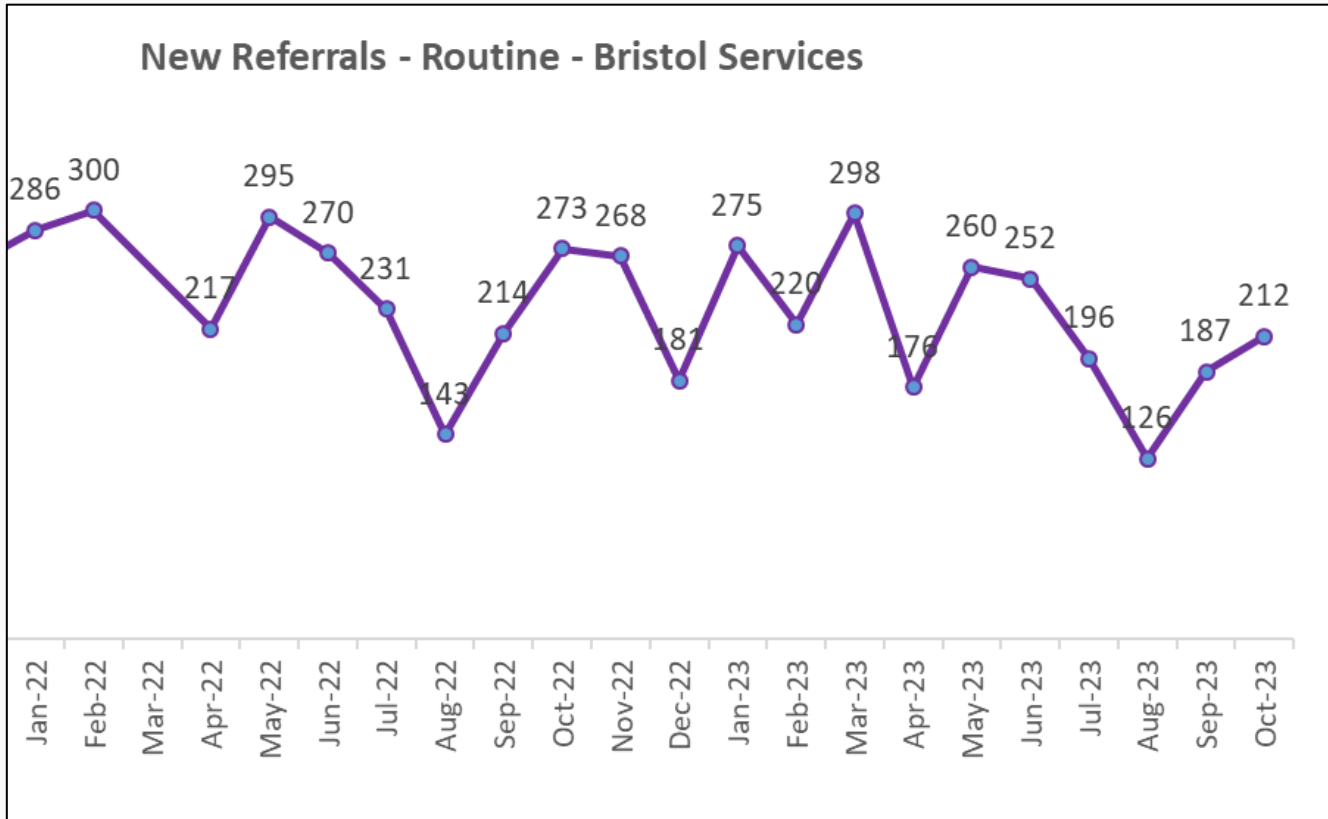
The Child and Adolescent Mental Health Services (CAMHS) assesses and treats young people with emotional, behavioural or mental health difficulties. CAMHS cover Bristol, North Somerset and South Gloucestershire.

CAMHS Services

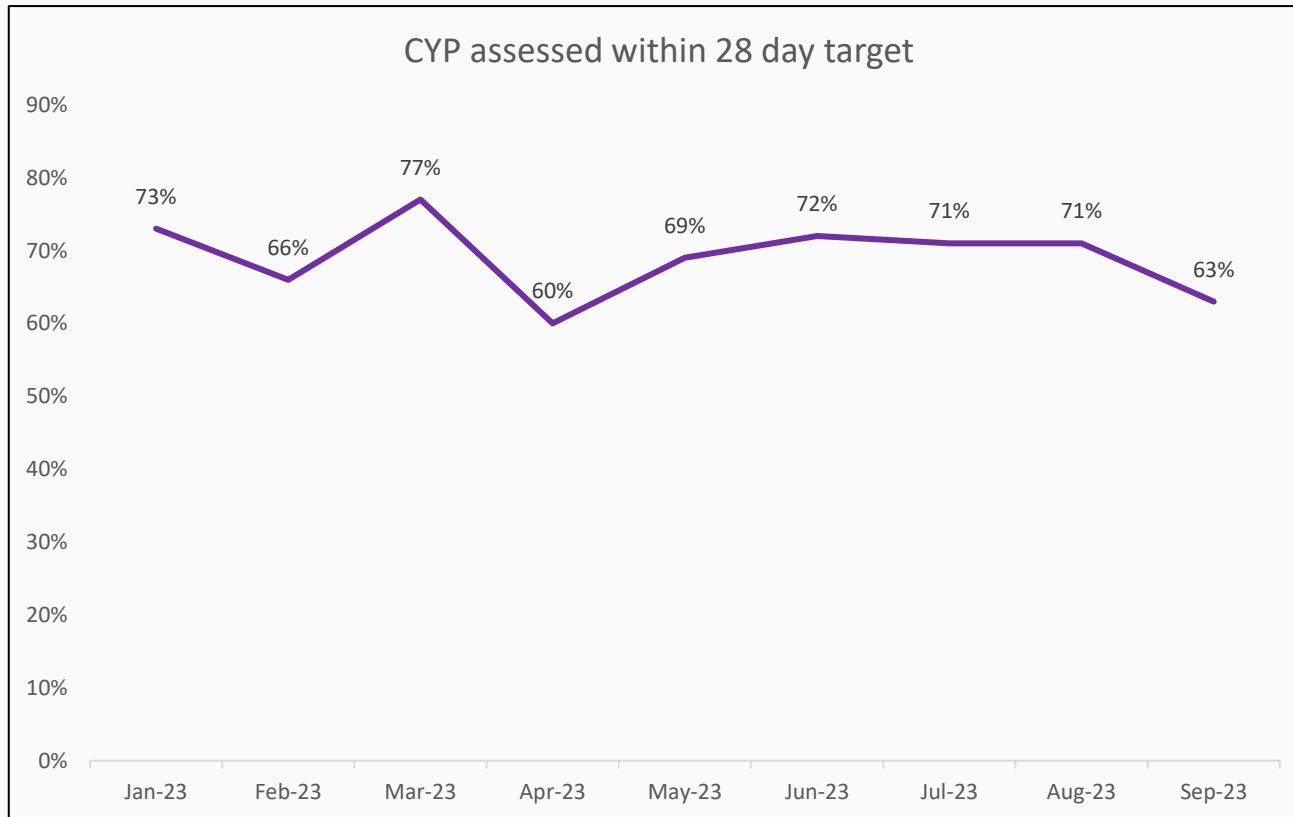


Referrals

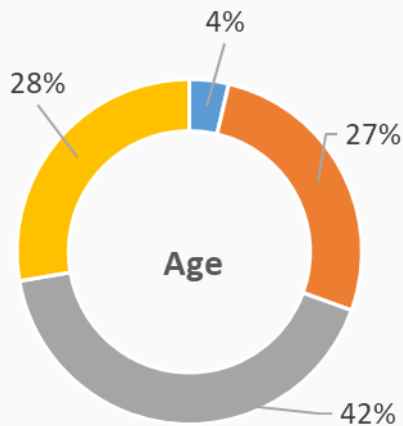
Bristol CAMHS



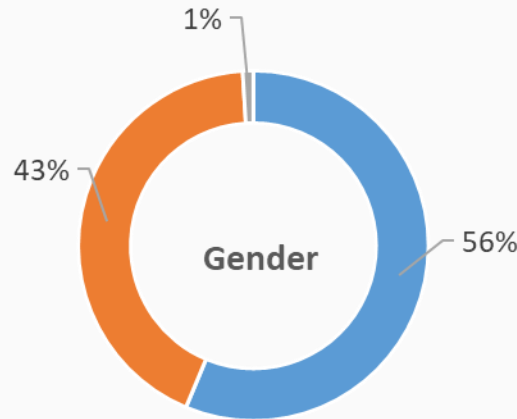
Waiting time Target Bristol CAMHS



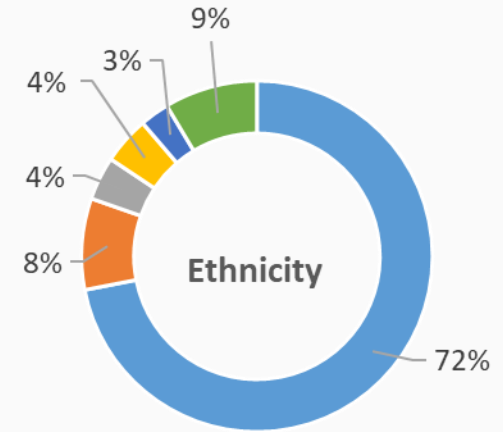
Referrals demography Bristol CAMHS



- < 5
- 5-11
- 12-15
- 16+



- Female (including trans woman)
- Male (including trans man)
- Non-binary



- White
- Mixed
- Asian or Asian British
- Black or Black British
- Other Ethnic Groups
- Not stated/known/missing

Staffing

Bristol CAMHS

- 40% increase in staffing across services
- Wellbeing & training
- 4 year CAMHS workforce plan (in development)
- Focus on recruitment & retention
- Successful recruitment into Bristol

CAMHS Getting Advice Team

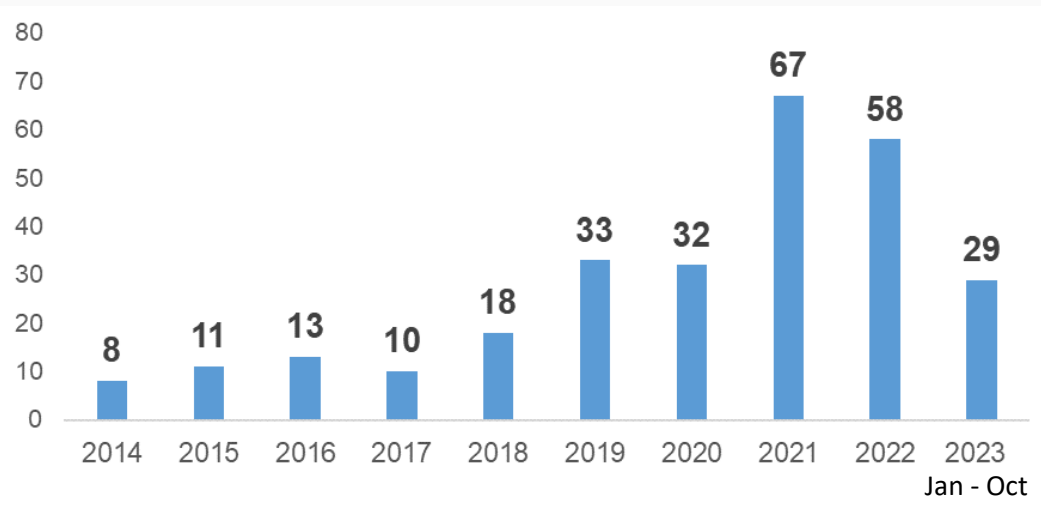
Expansion of Getting Advice (£630k Investment):

- New roles being created- 2x band 7s (focussing on transitions and CIC).
- 8x band 6's- outreach model focussing on cases RAG rated Green (being recruited) working across BNSSG.
- Specialist Mental Health Practitioner for Transitions now in post in Getting Advice.

Eating Disorders Transformation

- Investment in an Intensive Community Eating Disorder Team (CAMHS Home Treatment Team).
- Preventing prolonged Acute hospital admission (HTT/ NG pilot). Community NG tube feeding/ HTT funding extension agreed by SWPC due to the success of the pilot. Model to inform the SW eating disorders development and SEDU model.

CYP Eating Disorder Admissions at UHBW from 2014-2023



Equality, Diversity and Inclusion

- Improving access to CAMHS for BAME communities Quality Improvement Project (live).
- Appointed Community Development Lead to take forward the project. Supported by assistant psychologist. Focus is currently on data collection and analysis.
- Stakeholder engagement activities (planned event with black and brown young people 'Mind Matters Group' who are supported by Barnardos).
- Improvement in ethnicity data for those referred to CAMHS.
- Project places CAMHS in a good position to respond to the requirements of the patient carer race equality framework recently published by NHSE. All NHS Trusts will be required to implement this framework from 2024.

16+ Year old Transitions

PROJECT AIM: To gather evidence, data and research to understand the issues faced by young people with mental health problems that are transitioning from children mental health services (CAMHS) to adult life.

Successes:

- ✓ 1st survey results with 71 responses of young people or their parent/carers.
- ✓ Co-design lived experience group, is up and running and in January will host a Theory of change workshop.
- ✓ Shortlisting a dedicated Clinical lead.

Tier 4 Service - Riverside

- Phased reopening of beds during 2023
- Expanded to be able to provide 12 inpatient beds and 4 day patient places
- Due to investment in community CAMHS services the demand for inpatient beds has significantly reduced (regional position)
- Inpatient service remodelling which will include inpatient eating disorder beds within region.

Mental Health Support Teams

- Provide support to children and young people age 5-18 with mild to moderate mental health issues
- Delivers evidence based 1:1 interventions for anxiety, low mood and exam stress
- Whole school approach: workshops, assemblies, training and resources
- 58.5% coverage of schools through 10 teams in BNSSG by 2024
- 4.5 teams identified for Bristol in schools identified as high need by Public Health

Asylum Refugee Clinic

Those in the asylum seeker and refugee (ASR) population have typically experienced multiple traumatic events before arriving in the UK and are at an increased risk of long term serious mental health problems without treatment.

- The asylum seeker and refugee clinic (ARC) is a CAMHS mental health service developed to treat children with symptoms associated with a post traumatic stress disorder (PTSD) diagnosis.
- Receiving on average 72 referrals per year and delivering more than the commissioned service expectations.
- ARC are working with BNSSG's Migrant Oversight Committee to explore internal and system approach to deliver a long term sustainable service.

CAMHS Crisis Team

- Over the last three years the CAMHS Intensive Outreach Team (CIOT) have expanded service provision to provide children and young people (CYP) with 24/7 access to mental health crisis services in Bristol, North Somerset and South Gloucestershire (BNSSG).
- The CAMHS Intensive outreach team has supported in excess of 2,900 young people through the 24/7 telephone crisis line during Jan 23 – Nov 23.

Thank You